



# BEYOND EXISTING

Support Groups For Adults Who Have Been Abused

– *Founded in 2000* –

***New groups starting in 2020***

## Who can attend?

Groups are run for men and women aged over 18 years who:

- Have been abused\* in the past (in childhood or adulthood).
- Are currently living in an abusive situation.
- Want to go through the healing process.

## What we offer

- Therapeutic support groups run by experienced, professional group facilitators.
- The opportunity for victims of abuse to go through the healing process.
- A variety of therapeutic methods to help a victim become a survivor.
- Practical advice and support in relation to abuse issues.

## Where?

A safe environment in  
**LEEDS CITY CENTRE.**

## When?

Groups meet once a month.



## For more information

Telephone: **07850 045929** or E-mail: [info@beyondexisting.org.uk](mailto:info@beyondexisting.org.uk)

Visit: [www.beyondexisting.org.uk](http://www.beyondexisting.org.uk)

\*Abuse can take many forms: physical; sexual; emotional/psychological; financial; neglect; self-neglect; discrimination/hate crime/mate crime/stranger abuse; domestic violence; forced marriage; honour-based violence; female genital mutilation; modern day slavery (domestic servitude; human and sex trafficking); organisational/institutional.